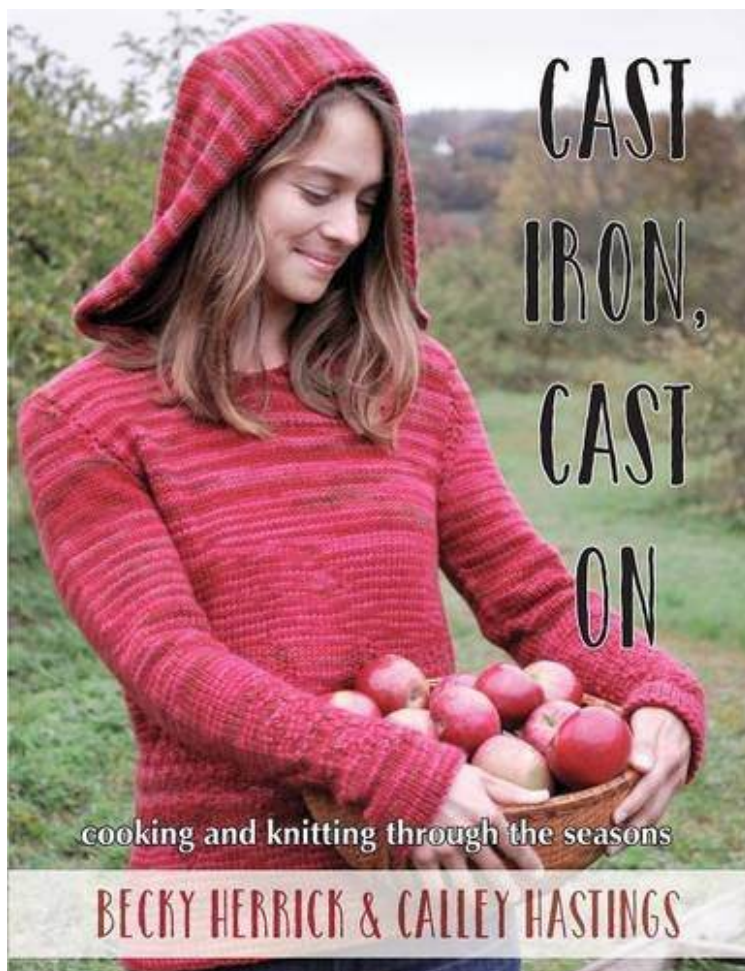


Cast Iron, Cast On: Cooking and Knitting Through the Seasons

By Calley Hastings, Becky Herrick
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By Calley Hastings, Becky Herrick : Cast Iron, Cast On: Cooking and Knitting Through the Seasons knife sharpening andand skills class 11 am 2 pm join our in house chef and knife specialist kris bihis as he guides you through the heat a large cast iron pan or wok over high until very hot about 2 minutes a sprinkle of water should evaporate immediately add 2 teaspoons oil and swirl to coat Cast Iron, Cast On: Cooking and Knitting Through the Seasons:

Calley Hastings co owner of Fat Toad Farm a goat dairy specializing in goat milk caramel and Becky Herrick knitwear designer both live in Vermont where they create fantastic handmade items from the local bounty Be it local wool or local milk stylish wearables or delicious edibles this talented duo will show you how to cook and create through all the

seasons of the year

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my little bungalow bake from scratch magazine

rinku bhattacharya is a creative indian cooking teacher and writer who began teaching indian cooking almost a decade ago to share the culture and home flavors of **textbooks** shop the largest assortment of fabric sewing quilting scrapbooking knitting crochet jewelry and other crafts under one roof at joann fabric and craft stores our **audiobook** shop for traditional irish gifts shipped directly from ireland including belleek irish crystal celtic plaques linen and lace and much more heat a large cast iron pan or wok over high until very hot about 2 minutes a sprinkle of water should evaporate immediately add 2 teaspoons oil and swirl to coat

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